Parents' Quick Guide: Kids and Teens Online

Simple habits that keep children safer, and keep them talking to you.

Stay connected

- **Talk often, without judgment.** Ask what apps and games they enjoy and who they talk to. Kids who don't fear punishment tell parents sooner.
- **Learn their apps.** Try them yourself, and set up family or parental controls together.

Lock down privacy

- **Keep accounts private** and turn off location sharing in apps.
- **Never share** home address, school, phone number or daily routine online.
- **Games:** set chat to friends only and turn off in-game purchases or require a password.

Talk about sextortion

- Tell your child: **if anyone online asks for photos or threatens them, it is not their fault, and they will not be in trouble.**
- **Don't pay and don't send more.** Stop replying, keep the messages as evidence, and tell a trusted adult right away.
- **Report it** to the NCMEC CyberTipline: **report.cybertip.org** or **1-800-843-5678**.
- **Get images removed** for free with Take It Down: **takeitdown.ncmec.org**.

If your child is in crisis, call or text **988** any time, or text **HOME** to **741741**. In an emergency, call 911. For free help setting up parental controls, call Netivo: **(913) 349-3363**.